

CELEBRATING HEALTH

Join us in recognizing the impact of Public Health during National Public Health Week

April 3, 2023 – Without public health, life expectancy of Americans could still be 50, as it was in the early 1900s. People would still be dying of diseases caused by poor sanitation and unhealthy work conditions.

Without public health, diseases such as Polio, Typhoid, and AIDS would still be leading causes of deaths and loss of quality living. Air and water wouldn't be as clean. Tobacco use would still be hindering the health of even those who choose not to smoke.

Without public health, there would be countless more families and children growing up without access to nutritious foods and life-saving vaccinations.

April 3-7 is National Public Health Week. Join us in celebrating the people and programs that have improved life and health of our communities. Public health promotes and protects the health of people and the communities where they live, learn, work and play.

This year, health departments throughout Northern Michigan are highlighting the Northern Michigan Public Health Alliance (NMPHA), a collaborative team of healthcare agencies and providers spanning 31 northern Lower Peninsula counties. Together, they strengthen health and wellbeing across the region.

Northern Michigan Public Health Alliance Represents:

- 7 health departments
- 31 counties
- 829,860 Northern Michigan constituents
- 16,669 square miles of coverage
- 70% rural living

“Rural communities, like those in Northern Michigan, can be some of the most vulnerable populations to public health threats,” said Kevin Hughes, Alliance Member and Health Officer for District Health Department #10 (DHD#10). “Limited resources and travel create barriers to accessing healthcare services for many area residents. By working together through the alliance, we are able to build and maintain a more robust, inclusive public health system that ensures everyone can access care that helps them live their healthiest, most productive lives.”

“Public health is an extensive team of caring people who work behind the scenes to prevent, promote, and protect our friends and neighbors from unseen risks,” adds Sarah Oleniczak, Deputy Health Officer for DHD#10. “Throughout this week, take time to say thank you to your public health workers.

To learn more about DHD#10, please visit: <https://www.dhd10.org>.

To learn more about the Northern Michigan Public Health Alliance, please visit: <https://www.nmpublichealthalliance.org>.



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