

CDC SIMPLIFIES COVID-19 VACCINE RECOMMENDATIONS

DHD#10 Releases COVID-19 Vaccine Information

April 26, 2023 – The Centers for Disease Control and Prevention (CDC) and District Health Department #10 (DHD#10) have released their updated COVID-19 vaccine recommendations. The newest updates include both recommendations for vaccine/booster eligibility as well as a new vaccination schedule.

“These new, simplified recommendations will make it a lot easier for folks to stay up-to-date with their COVID-19 vaccines” said DHD#10 Health Officer, Kevin Hughes. “It’s never too late to get vaccinated against COVID-19.”

A summary of the new recommendations is below:

- At the time of initial vaccination, depending on the vaccine given, children ages 6 months-4 years are recommended to receive 2 to 3 bivalent mRNA vaccine doses; children ages 5 years are recommended to receive 1 to 2 bivalent mRNA vaccine doses.
- People ages 6 years and older, who are unvaccinated or previously received only monovalent vaccine doses are recommended to receive 1 bivalent mRNA vaccine dose.
- People ages 65 years and older may receive 1 additional bivalent mRNA vaccine dose 4 months after their last bivalent vaccine.

The CDC has a tool to help you find out which booster is right for you and at what time. To find out more information, please visit:

<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html>.

For those wanting to schedule their Pfizer or Moderna bivalent booster, or any COVID-19 vaccine, please visit <https://www.dhd10.org/schedule> or call 888-217-3904. If no appointments are available, you may also be able to schedule a vaccine with a pharmacy or your primary health care provider. Additional vaccination sites can be found at <https://www.vaccines.gov/search>.

COVID-19 at-home test kits are available at all DHD#10 locations. However, supplies are limited and are available on a first come, first served basis. Individuals are asked to take one kit per person, and up to four kits per household. Test kits are also available at most pharmacies. Be sure to call your pharmacy ahead of time, as demand remains high.

When arriving at DHD#10 for your COVID-19 at-home testing kits, please do not enter the lobby if you have been exposed or are sick. Please call your local DHD#10 office and someone will bring the testing kits to your vehicle. To find your local DHD#10 office, please follow: <https://www.dhd10.org/contact-us/>.

Many COVID-19 at-home testing kits have extended expiration dates. To check your COVID-19 at-home test kit’s expiration date, please visit:

<https://www.fda.gov/medical-devices/coronavirus-covid-19-and-medical-devices/home-otc-covid-19-diagnostic-tests#list>.



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For more information on COVID-19, visit <https://www.dhd10.org/coronavirus>.

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