



NATIONAL HEALTH EDUCATION WEEK

October 16, 2023 – Join District Health Department #10 (DHD#10) and the Society for Public Health Education (SOPHE) during National Health Education Week (NHEW), October 16-20, to celebrate Health Educators and Health Resource Advocates and the important work they do in our communities.

Since 1995, NHEW has been annually celebrated during the third week of October. This week focuses national attention on major public health issues and promotes a better understanding of the role of health education in society. This year’s daily themes are:

- Monday – Behind the Screen: Adolescents’ Mental Health
- Tuesday – Material You Should Know about Maternal and Child Health
- Wednesday – Health as a Civil Right
- Thursday – Impact of Social Media and Misinformation on Health Communications
- Friday – Advancing Health Equity Through Advocacy

Health Educators are assets to their communities as they offer knowledge, skills, and training, to our communities. In addition, educators often spend countless hours educating the public on health issues to promote overall health and wellbeing. The health education team at DHD#10 also provides direct programming for substance use prevention, chronic disease prevention, environmental health, oral health, sexual health, and behavioral health, as well as support for community coalitions. Finally, health educators provide invaluable input on community health needs assessment initiatives to implement policy, systems, and environmental changes that impact health at the population level.

DHD#10 would like to recognize our very own extremely talented team of 21 health educators and health resource advocates - thank you, for everything you do in your communities, in the name of public health!

About SOPHE

The Society of Public Health Education (SOPHE) is a non-profit professional organization founded in 1950 to provide global leadership to the profession of health education and health promotion, and to promote the health of society. SOPHE’s 4,000 international and chapter members work in various public and private organizations to advance health education theory and research, develop disease prevention and health promotion programs, and promote public policies conducive to health. For more information, go to <https://www.sophe.org>.

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Proud member of the [Northern Michigan Public Health Alliance](#): 7 local health departments advocating for public health.

