



**District Health
Department #10**
Healthy People, Healthy Communities



FEBRUARY IS NATIONAL CONDOM MONTH

District Health Department #10 Offers Free Condoms

February 12, 2024 – In an effort to encourage individuals to make informed choices about their sexual health, District Health Department #10 (DHD#10) is recognizing the entire month of February as National Condom Month, and February 14-21 is National Condom Week.



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COUNTIES SERVED:

Crawford
Kalkaska
Lake
Manistee
Mason
Mecosta
Missaukee
Newaygo
Oceana
Wexford



www.dhd10.org



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local health
departments
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public health.

According to the Centers for Disease Control and Prevention (CDC), correct and consistent use of latex condoms is one of the most effective ways to prevent unintended pregnancies as well as reduce the risk of sexually transmitted infections (STI) and human immunodeficiency virus (HIV) transmission. It is the goal of DHD#10 to encourage those who are sexually active to practice safe sex and provide education and resources through our staff, like free condoms, to do so.

DHD#10 offers **free condoms** to anyone wanting them. There are two ways to access them from any of our 10 office locations.

1. By visiting our office and grabbing an unmarked envelope from the condom bucket in our waiting room (or by asking a staff member).
2. By visiting www.dhd10.org/mail-order-condoms to order them online and have them mailed to your door.

"Empower your choices, embrace protection. In celebration of National Condom Week, let's unite in promoting health, responsibility, and the joy of informed decisions. Safe is smart, and love is always better when it's wrapped with care," said Qur'an Griffin, DHD#10 Public Health Coordinator.

To participate in our mail order condom program, complete the confidential order form and we will mail a free package of 10 condoms, lubricant, and sexual health and STI testing information in an unmarked envelope. There is no limit on requesting additional packages. If you have questions or to request the form electronically, please contact condoms@dhd10.org.

DHD#10 strives to empower people of all ages and genders to take control of their sexual health. Education services, birth control methods, counseling on fertility awareness, referrals for sterilization, STI testing and treatment, HIV testing and physical exams, including Pap Smears are available. DHD#10 services are confidential, LGBTQ friendly, and available on a sliding fee scale basis; no one will ever be denied service due to inability to pay. Now you can order a free HIV Self-Test Kit online at www.dhd10.org/hivtest and it will be mailed to your door. It is convenient, safe, and a secure way to know your HIV status.

To learn more about DHD#10's [sexual health services](#) or to schedule an appointment, call 888-217-3904, option #2; late clinic appointments are available.

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