

It is important that every individual has a **DENTAL HOME**.

A **DENTAL HOME** is a place where children and adults can receive consistent, comprehensive, compassionate dental care.

- You can protect your child's smile by scheduling dental visits every 6 months.
- Childhood decay is preventable
- It is important for children to start seeing the dentist as soon as the first baby tooth comes in.
- Don't rush when you brush!
2 minutes 2 times each day
- Floss every day!
- Early detection and treatment of problems with your gums, teeth and mouth can help ensure a lifetime of good oral health!
- Oral disease has been linked to many systemic diseases.

**District Health Department #10
Oceana County**

3986 N Oceana Drive
Hart, MI 49420
231-873-2193
www.dhd10.org



There are several ways to access dental care in Oceana County.

I have Medicaid, MiChild or Healthy Kids/Delta Dental Insurance

- **My Community Dental Center (MCDC)**
3988 Oceana Dr. Hart MI 49420
877-313-6232 New Patient Registration
231-873-9340 | www.mydental.org
- **Northwest Michigan Health Services, Inc**
119 S. State St, Shelby MI 49455
231-861-2130 | www.nmhsi.org
- **White Lake Family Dentistry**
116 W. Colby St Ste 1, Whitehall MI 49461
231-893-2915

My child has Healthy Kids/Delta Dental Insurance

- **Hart Lake Family Dentistry**
110 S. Dryden St, Hart MI 49420
231-873-4025
- **West Michigan Family Dental @ Shelby**
4140 W. Shelby Road, Shelby MI 49455
231-861-4858
- **Ferguson Family Dental**
8670 Ferry St, Montague MI 49437
231-894-4820
- **Lakeshore Family Dental Care**
504 Colby St, Whitehall MI 49461
231-894-8814
www.lakeshorefamilydentalcare.com
- **West Michigan Family Dentistry**
8794 Spring St, Montague MI 49437
231-893-5815

Other Dental Providers in Oceana County and Surrounding Area

- **Heather Phares DDS PC**
4711 First St, New Era MI 49446
231-861-5905
- **Lakeshore Family Dental**
218 N. State St, Shelby MI 49455
231-861-5818

I need dental insurance:

- **Community Connections**
1-888-217-3904 (Option 3)
A FREE program offering connections to community resources for adults, children and families including assistance in applying for dental insurance
- **Online**
 - **Healthy Michigan:**
<http://www.michigan.gov/healthymiplan>
1-888-789-5610
 - **Marketplace:**
<http://healthcare.gov>
1-800-318-2596

